

The Art of Friendship  
**CAMP**  
 2010 Season / 8 weeks  
 June 28 – August 20  
 CFATC  
 Attention: Camp  
 678 Pont Reading Road  
 Ardmore, PA 19003

**REGISTER TODAY!**

# The Art of Friendship CAMP

2010 Season / 8 weeks

June 28 – August 20

CAMP LOCATION:

17 W. Central Avenue, Paoli, PA 19301

**Social Skills Training & Practice for Boys and Girls Ages 6-19**



**Intensive Social Skills Training**

**Creative Arts Therapy Activities**

**ESY Provider**

**Elementary School Camp**  
8:30 am – 11:30 am

**Middle School / Teen Camp**  
12:30 pm – 3:30 pm

## ESY Camp Programming Provides Fun, Structure, and Social Success in Paoli, PA

### Program Overview

The Child and Family Art Therapy Center is thrilled to offer intensive summer sessions of our award winning social skills therapy program, *"The Art of Friendship"*. The social skills camp is held in our friendly, air-conditioned space at 17 W. Central Avenue in Paoli, PA. Each of the 8 weeks of camp focuses on a different important aspect of social skills and competence. Please read the "Summer Schedule" box on the back of this page to learn about the social/emotional lessons that will be covered each week.

Art and music therapy are child friendly modes of communication that also provide structure for social interaction and practice. By working on group art projects like a group mural or sculpture, children become aware of others' ideas, feelings, and needs. Campers learn to work towards a common goal, be assertive, negotiate, and compromise. In music therapy, children make music with peers through group lyric writing or rhythm ensembles and other activities. Participants tune in to one another's rhythms, and join together in a mutual way, very much like the give and take of conversation or play. From a neurological perspective, making art and music activates neural pathways that may exercise and strengthen your child's social mind. Best of all, children have a great time being creative together and have fun while learning vital friendship skills!

### Our Staff

Our staff consists of art therapists and music therapists with master's degrees who are licensed professional counselors in Pennsylvania. Our art and music therapists have years of experience and training specializing in the treatment of children with emotional, behavioral, social, and neurological challenges.

**Questions?**  
 Please contact program director, Michael Fogel, MA, ATR-BC, LPC at 610.649.1080 ext. 1 or email [childfamart@verizon.net](mailto:childfamart@verizon.net)

### Structured Schedule

Each day, camp opens with a brief community meeting orienting children to the social skill that will be the focus of the day. Next the children break into their respective small groups for the first creative therapy social skills group (either art or music). The two groups reconvene for snack and the "Social Lesson of the Day", which teaches the cognitive-behavioral coping strategy or social skill featured that day. After the half-hour lesson, the children again break out with their respective age group for the second creative therapy social skills group. Children also receive one period of free play (elementary age) or unstructured hanging out practice (middle & high school) with coaching from our therapists. Each camp day ends with a community meeting to summarize and reinforce the day's social/coping skill lesson, and to anticipate the next day's focus.

### Small Group Size

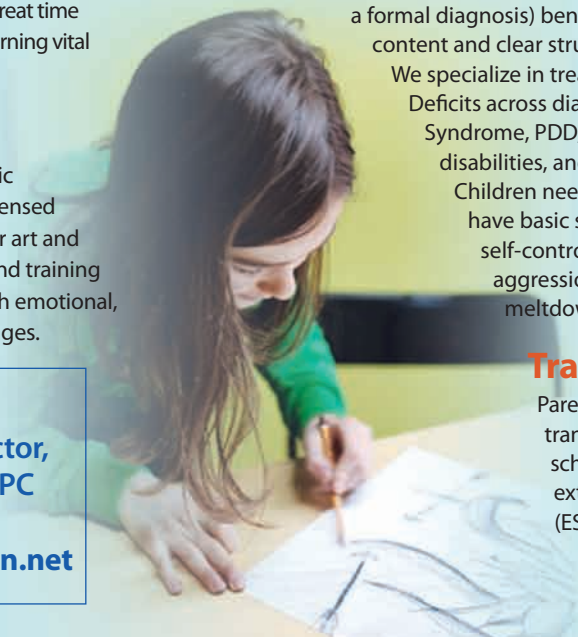
- Maximum 7 children in a group with 2 therapists
- Elementary Schoolers are placed in groups of 6-8 or 9-11 year olds
- Middle & High Schoolers are placed in groups of 11-14 or 15-19 year olds

### Who Should Attend

Children with social challenges (with or without a formal diagnosis) benefit greatly from the content and clear structure of our program. We specialize in treating Social Cognitive Deficits across diagnoses: Asperger's Syndrome, PDD, ADHD, learning disabilities, and social anxiety. Children need to be verbal, and have basic self-regulation/self-control skills, freedom from aggression, or regular tearful meltdowns.

### Transportation

Parents provide all transportation unless school districts offer it in extended school year (ESY) services.



# The Art of Friendship

2010 CAMP INFORMATION AND SCHEDULE • JUNE 29 – AUGUST 20

## Elementary School Camp 8:30 am – 11:30 am

Morning sessions at camp are devoted to developing the elementary age child's friendship skills. We emphasize reading social cues, self control, reciprocal play and conversation, flexibility, negotiation and compromise. Art, music, and play experiences are the (fun) vehicles through which children practice the developmentally appropriate social lessons they receive each day.

### Sessions/Dates

- SESSION 1 Thinking About Others: Reading Social Cues, **June 28-July 2**
- SESSION 2 Advanced Social Skills and Hidden Social Rules, **July 6-9**
- SESSION 3 Temper Tamers, **July 12-16**
- SESSION 4 Conversation Skills, **July 19-23**
- SESSION 5 Fear Facers, **July 26-30**
- SESSION 6 Putting the Brakes on Impulsiveness, **August 2-6**
- SESSION 7 Anti Bully Boot Camp + Assertiveness, **August 9-13**
- SESSION 8 Back to School Transition + Friendship Management, **August 16-20**

### Daily Schedule

- 8:20-8:30 Camper drop-off
- 8:30-8:45 All campers: community greeting meeting
- 8:45-9:30 Art social skills group A  
Music social skills group B
- 9:30-9:55 All campers: snack + social lesson of the day
- 9:55-10:40 Art social skills group B  
Music social skills group A
- 10:40-11:15 All campers  
Unstructured free play practice
- 11:15-11:30 Community closure meeting
- 11:30 Camper pick-up

## Middle School / Teen Camp 12:30 pm – 3:30 pm

Our afternoon sessions are designed to meet the social developmental needs of middle and high school students. We emphasize reciprocal conversation skills and strategies to best navigate unstructured "hanging out time". Campers receive real-time coaching as they practice socializing with peers during structured and unstructured art, music, and leisure activities.

### Sessions/Dates

- SESSION 1 Thinking About Others: Reading Social Cues, **June 28-July 2**
- SESSION 2 Advanced Social Skills and Hidden Social Rules, **July 6-9**
- SESSION 3 Handling Frustration and Anger, **July 12-16**
- SESSION 4 Conversation Skills, **July 19-23**
- SESSION 5 Coping with Stress and Anxiety, **July 26-30**
- SESSION 6 Putting the Brakes on Impulsiveness, **August 2-6**
- SESSION 7 Assertiveness Training + Handling Difficult People, **August 9-13**
- SESSION 8 Back to School Transition + Friendship Management, **August 16-20**

### Daily Schedule

- 12:30 Camper Drop-Off
- 12:30-12:45 All campers: community meeting
- 12:45-1:30 Art social skills group A  
Music social skills group B
- 1:30-2:15 Art social skills group B  
Music social skills group A
- 2:15-2:40 All campers: snack + social lesson of the day
- 2:40-3:20 All campers  
Unstructured socialization (hanging out) practice
- 3:20-3:30 Community closure meeting
- 3:30 Camper pick-up

## Camp Location, Sessions and Fees

### CAMP LOCATION:

17 W. Central Avenue, Paoli, PA 19301

### SCREENING FOR MAXIMUM SOCIAL SUCCESS

Upon receipt of your registration form and deposit payment, we send home a social skills screening questionnaire. In June we hold two assessment and orientation sessions to screen for appropriate placement. Prospective campers interact with our staff/therapists and peers to determine whether or not the camp program and the camper's needs are a good fit. If you need to withdraw your child's registration from camp because of "goodness of fit" issues, your \$200 deposit will be fully refunded.

### TUITION PER CHILD

- 2 sessions: \$850 (minimum enrollment)
- 3 sessions: \$1,275
- 4 sessions: \$1,690
- 5 sessions: \$2,095
- 6 sessions: \$2,490
- 7 sessions: \$2,895
- 8 sessions: \$3,250

**PAYMENT DUE BY FRIDAY, MAY 28, 2010**

### E.S.Y. OPPORTUNITIES

We provide extended school year social skills services for students with social goals in their I.E.P. CFATC contracts with school districts on a case by case basis.

### Questions?

Please contact program director,  
**Michael Fogel, MA, ATR-BC, LPC**  
at **610.649.1080 ext. 1**  
or email **childfamart@verizon.net**



## THE ART OF FRIENDSHIP CAMP 2010 REGISTRATION FORM

PLEASE COMPLETE AND SUBMIT WITH  
PAYMENT BY MAY 28, 2010

*(Please print child's full name)*

### Camper #1

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F

Circle sessions attending: 1 2 3 4 5 6 7 8

Tuition: \$ \_\_\_\_\_

### Camper #2

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F

Circle sessions attending: 1 2 3 4 5 6 7 8

Tuition: \$ \_\_\_\_\_

*(Please print parent/guardian full name and contact information)*

Mother's Name: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Registration Fee

Please enclose a \$200 deposit per child you wish to register.

- Make checks payable to:  
CFATC (Child & Family Art Therapy Center)
- Mail this form and payment to:  
CFATC  
Attention: Camp  
678 Pont Reading Road  
Ardmore, PA 19003

• Upon receipt of this form and the registration deposit fee, we will mail you a confirmation letter, consent/medical forms and the social skills questionnaire.

### Refund Policy

- Your \$200 deposit will be refunded in full if the screening evaluation determines The Art of friendship is not a good fit for your child's needs or if all spaces in the camp are filled.
- Tuition is refunded in full if you cancel your child's registration with at least 14 days (2 weeks) notice of the session you wish to drop.
- If your child withdraws from a camp session within 14 days of the Monday the camp session begins, you will receive a 50% refund.
- Once a session starts, tuition for that session is non-refundable.